# RADIX NUTRITION Original Breakfast V9.0

Ingredients & Nutrition List

Gluten Free. GMO Free. Plant-Based.

Prebiotics. All Natural.



FLAVOURS	Ingredients & Allergens			
	APPLE & CINNAMON			
APPLE & CINNAMON	INGREDIENTS Brown Rice Crisps (20%), Sunflower Seeds (16%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Banana, Pumpkin Seeds (9%), Apple (8%), Organic Coconut Milk Powder, Chicory Root Inulin, Flaxseed (4%), Cinnamon (2%), Sunflower Lecithin, Millet Puffs, Buckwheat Powder, Red Quinoa, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Natural Vanilla Flavouring, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed ALLERGENS May Contain traces of Milk and Almonds.			
		*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.		
Average Qty	Per Serving	Per 100g		
Energy	1680 kJ 403 kcal	896 kJ 214 kJ		
Protein - gluten	21.1g 0.0g	11.2g 0.0g		
Fat, total - saturated	18.1g 4.6g	9.6g 2.4g		
Carbohydrate - sugars	32.9g 12.4g	17.5g 6.6g		

Dietary Fibre	12.2g	6.5g	
Sodium	63mg	34mg	
		BANANA	
BANANA	INGREDIENTS Banana (23%), Brown Rice Crisps (20%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Sunflower Seeds (14%), Organic Coconut Milk Powder, Pumpkin Seeds (8%), Chicory Root Inulin, Flaxseed (4% Sunflower Lecithin, Millet Puffs, Natural Banana Flavouring (0.6%), Buckwheat Powder, Red Quinoa, Natural Vanilla Flavouring, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed  ALLERGENS May Contain traces of Milk and Almonds.		
BANANA Nutritional Information Serving Per Pack: 1 Serving Size*: 191g		*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.	
Average Qty	Per Serving	Per 100g	
Energy	1670 kJ 400 kcal	878 kJ 210 kJ	
Protein - gluten	21.0g 0.0g	11.0g 0.0g	
Fat, total - saturated	17.3g 4.4g	9.1g 2.3g	
Carbohydrate - sugars	34.9g 11.6g	18.3g 6.1g	

Dietary Fibre	10.4g	5.5g
Sodium	62mg	33mg

### **BLUEBERRY**

# **BLUEBERRY**

INGREDIENTS Brown Rice Crisps (23%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Sunflower Seeds (14%), Banana, Blueberry (9%), Organic Coconut Milk Powder, Pumpkin Seeds (7%), Chicory Root Inulin, Flaxseed (4%), Natural Blueberry Flavouring (1%), Sunflower Lecithin, Millet Puffs, Buckwheat Powder, Red Quinoa, Natural Vanilla Flavouring, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed

**ALLERGENS** May Contain traces of Milk and Almonds.

BLUEBERRY		
<b>Nutritional Information</b>		
Serving Per Pack: 1		

\*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.

Serving Size*: 192g			
Average Qty	Per Serving	Per 100g	
Energy	1670 kJ 399 kcal	870 kJ 208kJ	
Protein - gluten	21.0g 0.0g	10.9g 0.0g	
Fat, total - saturated	17.3g 4.4g	9.0g 2.3g	
Carbohydrate - sugars	34.3g 11.4g	17.9g 6.0g	
Dietary Fibre	11.6g	6.0g	

Sodium	64mg	33mg		
	CHOCOLATE			
CHOCOLATE	INGREDIENTS Banana, Brown Rice Crisps (19%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Sunflower Seeds (14%), Organic Coconut Milk Powder, Pumpkin Seeds (7%), Chicory Root Inulin, Flaxseed (4%), Organic Cacao Powder (2%), Natural Chocolate Flavouring (1%), Sunflower Lecithin, Millet Puffs, Buckwheat Powder, Red Quinoa, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Parsley, Red Beetroot, Seaweed  ALLERGENS May Contain traces of Milk and Almonds.			
Nutritional Information Use within 2 hours. Do n		*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.		
Average Qty	Per Serving	Per 100g		
Energy	1700 kJ 407 kcal	884 kJ 211kJ		
Protein - gluten	21.4g 0.0g	11.1g 0.0g		
Fat, total - saturated	17.5g 4.6g	9.1g 2.4g		
Carbohydrate - sugars	35.6g 11.7g	18.5g 6.1g		
Dietary Fibre	11.0g	5.7g		
Sodium	64mg	33mg		

# **COCONUT**

### **COCONUT**

INGREDIENTS Brown Rice Crisps (23%), Banana, Sunflower Seeds (16%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Pumpkin Seeds (9%), Organic Coconut Milk Powder (8%), Chicory Root Inulin, Flaxseed (4%), Sunflower Lecithin, Natural Coconut Flavouring (1%), Millet Puffs, Buckwheat Powder, Red Quinoa, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflow-ers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed

**ALLERGENS** May Contain traces of Milk and Almonds.

COCONUT  Nutritional Info Serving Per Pack: 2 Serving Size*: 188	1	*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.
Energy	1660 kJ 397 kcal	882 kJ 211kJ
Protein - gluten	21.4g 0.0g	11.4g 0.0g
Fat, total - saturated	18.2g 4.6g	9.7g 2.4g
Carbohydrate - sugars	31.7g 8.6g	16.9g 4.6g
Dietary Fibre	10.2g	5.4g
Sodium	63mg	33mg

# **MANGO**

#### **MANGO**

INGREDIENTS Brown Rice Crisps (23%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Sunflower Seeds (14%), Banana, Mango (9%), Organic Coconut Milk Powder, Pumpkin Seeds (7%), Chicory Root Inulin, Flaxseed (4%), Natural Mango Flavouring (1%), Sunflower Lecithin, Millet Puffs, Buckwheat Powder, Red Quinoa, Natural Vanilla Flavouring, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed ALLERGENS May Contain traces of Milk and Almonds.

MANGO Nutritional Information Serving Per Pack: 1 Serving Size*: 192g		*When prepare accordingly. Use within 2 hours. Do not store or reheat once prepared.	
Energy	1660 kJ 397 kcal	865 kJ 207kJ	
Protein - gluten	21.1g 0.0g	11.0g 0.0g	
Fat, total - saturated	17.3g 4.4g	9.0g 2.3g	
Carbohydrate - sugars	34.0g 11.2g	17.7g 5.8g	
Dietary Fibre	10.3g	5.4g	
Sodium	63mg	33mg	

# **STRAWBERRY**

#### **STRAWBERRY**

INGREDIENTS Brown Rice Crisps (22%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Banana, Sunflower Seeds (14%), Organic Coconut Milk Powder, Pumpkin Seeds (8%), Strawberry (6%), Chicory Root Inulin, Flaxseed (4%), Sunflower Lecithin, Natural Strawberry Flavouring (1%), Millet Puffs, Natural Vanilla Flavouring, Buckwheat Powder, Red Quinoa, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflow-ers, Sweetener (Monk Fruit Extract), Nutritional Yeast, Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed ALLERGENS May Contain traces of Milk and Almonds.

STRAWBERRY		*When prepare accordingly.	
<b>Nutritional Information</b>		Use within 2 hours. Do not store or reheat	
Serving Per Pack: 1		once prepared.	
Serving Size*: 191g			
Energy	1650kJ	866kJ	
	394kJ	207kJ	
Protein	21.1g	11.1g	
- gluten	0.0g	0.0g	
Fat, total	17.4g	9.1g	
- saturated	4.4g	2.3g	
	-		
Carbohydrate	32.8g	17.2g	
- sugars	9.8g	5.1g	
Dietary Fibre	11.3g	5.9g	
Sodium	63mg	33mg	
MIXED BERRY			

### **MIXED BERRY**

INGREDIENTS Brown Rice Crisps (20%), Sunflower Seeds (15%), Plant Protein Blend (Fava Bean Protein, Pea Protein, Brown Rice Protein) (15%), Blueberry (9%), Pumpkin Seeds (8%), Organic Coconut Milk Powder, Banana, Chicory Root Inulin, Flaxseed (4%), Strawberry (3%), Blackcurrant (3%), Sunflower Lecithin, Millet Puffs, Buckwheat Powder, Red Quinoa, Quinoa Sprouts, Acerola Cherries, Blakeslea trispora and Sunflowers, Natural Strawberry Flavouring (0.3%), Nutritional Yeast, Sweetener (Monk Fruit Extract), Organic Acerola Powder, Tomato Extract, Button Mushroom, Kale Leaf, Alfalfa, Organic Baobab Dried Fruit Pulp, Broccoli Sprout, Organic Cacao Powder, Parsley, Red Beetroot, Seaweed

**ALLERGENS** May Contain traces of Milk and Almonds.

MIXED BERRY		*When prepare accordingly.
<b>Nutritional Information</b>		Use within 2 hours. Do not store or reheat
Serving Per Pack: 1		once prepared.
Serving Size*: 191	g	
Energy	1680 kJ	877 kJ
	401 kcal	210kJ
	_	
Protein	21.4g	11.2g
- gluten	0.0g	0.0g
Fat, total	18.2g	9.5g
- saturated	4.6g	2.4g
Carbohydrate	31.8g	16.6g
- sugars	12.4g	6.5g
Dietary Fibre	12.5g	6.5g
Sodium	64mg	33mg